



THE MAYORS WELLNESS CAMPAIGN
“WALK WITH THE MAYOR”

OCTOBER 20, 2016

7:00 TO 8:00 P.M.

WALTER T BERGEN SCHOOL

WALKING PATH

225 GLENWILD AVE, BLOOMINGDALE NJ 07403

The Mayor's Wellness Campaign (MWC) was created to develop and implement active-living initiatives in the community. The ultimate goal of the MWC is to improve health and the quality of life, while reducing the health care costs that are associated with a sedentary lifestyle. Please join us on this walk.

No Pets

Drawing

Pedometers and water
will be provided

FOR MORE INFORMATION CONTACT: MAUREEN TIENREY 973-219-5306